



**International Society of Blood Transfusion 2005
5 Day/4 Night Myanmar Pre or Post Tour
(Yangon – Bagan – Inle Lake)**

TOUR REF. : ISBT-MYN
DEPARTURE : Pre: Nov 7-11, 2005 or Post: Nov 16-20, 2005
MEAL BASIS : As specified in the program (B = breakfast, L = lunch, D = dinner)

RECOMMENDED PROGRAM

Day 01 BANGKOK – YANGON (-/L/-)

Bangkok – Yangon by **TG 303** (0815-0905)
 Meet on arrival at Yangon International Airport and transfer to hotel. This sightseeing tour takes visitors to the old colonial-style city center with the gilded **Sule Pagoda**, dating back over 2,000 years, the riverside **Botahtaung Pagoda** and Yangon’s oldest Chinese temple.



Lunch at Green Elephant Restaurant – a typical Myanmar Restaurant.
 p.m. Further visits include **Chauk Htat Gyi**, a huge reclining Buddha image, and a photo stop at the **Karaweik Hall** royal floating barge. Extended visit to **Shwedagon Pagoda**, one of the world’s most spectacular religious monuments. The golden dome rises 98 meters above its base and is covered with 60 tons of pure gold.
 (Dinner – own account)
 Accommodation

Day 02 YANGON – BAGAN (B/-D)

Breakfast at hotel.



Transfer to airport for domestic flight from Yangon to **Bagan**. Arrival by Yangon Airways or Air Mandalay to Bagan (approx – 0630/0750 - direct).

Upon arrival in Bagan, transfer to hotel and proceed on a sightseeing tour, starting with a busy local market and continuing with visits to a diverse selection of the most important pagodas and temples such as **Shwezigon Pagoda**, built by King Anawrahta in the early 11th century, **Gu Byauk Gyi**, a temple with exquisite Jataka

RECOMMENDED PROGRAM – CONTINUED

mural scenes, **Khay Min Ga Temple**, noted for its spectacular panoramic view of many area monuments and **Ananda Temple**, with its four huge standing-Buddha images and numerous seated figures arranged around the interior gallery. Transfer back to hotel.

Lunch (own account) and time to relax.

In the late afternoon, transfer in a Bagan's typical horse cart to enjoy the sunset at one of the Bagan's ancient monuments. Dinner at a local restaurant

Accommodation



Day 03 BAGAN – HEHO – INLE LAKE (B/-D)

Breakfast at hotel.

Transfer to airport for domestic flight to **Heho**.

Arrival by Air Mandalay or Yangon Airways flight (approx – 0825/0905 - direct). Proceed by road to **Inle Lake** (25 km - 1 hour) and transfer by local boat to your hotel on the lake.

(Lunch – own account)

Afternoon boat trip on **Inle Lake** – a photographer's dream, its calm waters are dotted with floating vegetation and fishing canoes, to which scenic high hills provide the perfect backdrop. See the lake's unique "leg rowers" – the Intha people row standing up with one leg wrapped around an oar. Visit **Phaung Daw Oo**



Pagoda, the holiest religious site in southern Shan State. See traditional handicrafts - silk **weaving** on wooden handlooms and a **blacksmith** shop. Pass endless **floating gardens**, where fruit and vegetables are grown. Stop at **Nga Phe Kyaung Monastery**, one of the oldest monasteries on the lake and one can see ancient Buddha statues, which are more than 200 years old.

Dinner and accommodation

Day 04 INLE LAKE – HEHO – YANGON (B/L/D)

Breakfast at hotel.

Arrive at the village of **Maing Thauk** on the edge of Inle Lake by boat. Walk up a dirt track through the village and continue up the hill to a stupa which has fantastic views out over the lake and surrounding hills. The walk takes around 2 hours round trip and, although uphill, the route is not steep. It is also possible to walk from Maing Thauk down to the Inle Princess Resort and this would take around 1 hour. Visit the **Orphanage School** at this village.

Return to hotel for lunch and then check out

Leave your hotel by boat, back to **Nyaung Shwe** and then proceed to Heho Airport for departure by Air Mandalay or Yangon Airways (approx – 1725/1835 - direct). Upon arrival in Yangon, transfer to Hotel.

Dinner at Le Planteur Restaurant

Accommodation

RECOMMENDED PROGRAM- CONTINUED

Day 05 YANGON – BANGKOK

(B/-/-)

Breakfast at hotel.
Transfer to Yangon International Airport for international departure flight to Bangkok by **TG 304** (1005-1150)

**** End of our services ****

Remark: The above program are subject to change without prior notice due to the weather, schedules flight, road conditions and room availability *

ALL RATES ARE NET PER PERSON IN US\$ PRIVATE TOUR IN A PARTY OF				
5 Day/4 Night Myanmar Pre or Post Tour	1 pax	2 pax	3-5 pax	Single Supplement
First Class Hotel	2010.00	1358.00	1315.00	335.00
Deluxe Class Hotel	2930.00	1827.00	1788.00	720.00
Extra airfare: Bangkok – Yangon – Bangkok				
Economy Class	263.00	263.00	263.00	--
Business Class	441.00	441.00	441.00	--
(subject to change without prior notice)				

Note: Our prices are subject to change in case of increases in airfares, ground transportation costs (fuel), entrance fees, etc.

The above tour prices are based on the following hotels:-

City	First Class	Deluxe Class
Yangon	Governor's Residence (deluxe room)	Strand Hotel (deluxe suite)
Bagan	Thiripyitsaya Sakura Hotel (superior room)	Thiripyitsaya Sakura Hotel (river suite)
Inle Lake	Inle Princess Resort (lake view chalet)	Inle Princess Resort (lake view chalet)

Included in the tour prices are:

- All sightseeing tour and transfer services with private air conditioned car as detailed in our itinerary
- Hotel accommodation as specified
- Meals where specified (B = Breakfast, L = Lunch, D = Dinner)
- Domestic flight tickets (Yangon-Bagan-Heho-Yangon) with Air Mandalay or Yangon Airways as detailed in our itinerary
- The same English speaking local guide throughout the tour
- All entrance fees, boat trips as specified
- Insurance surcharge on Domestic Airlines in Myanmar
- Service charges, room tax and baggage handling

Not included in the tour prices are:

- International air tickets Bangkok – Yangon – Bangkok
- International airport tax in Bangkok (BHT 500.- per person)
- International airport tax in Yangon (USD 10.- per person)
- Services not mentioned in our itinerary
- meals not specified
- visa fees
- Expenditure of a personal nature
- Travel insurance (cover against all cancellation costs, medical expenses, including repatriation, in the event of accident or illness)

Cancellation & No Show Charges Policy of Myanmar

- Between 30 days and 15 days prior to departure : 20% of package price
- Between 14 days and 8 days prior to departure : 30 % of package price
- Between 7 days and 0 days prior to departure : 80 % of package price

HOTEL DESCRIPTION

Governors Residence, Yangon (formerly Pansea Yangon)



The Governor's Residence stands majestically in private grounds in the Embassy Quarter of Yangon. An imposing teak mansion restored to its pristine glory, the hotel beckons you into the past whilst pampering you with superior service and unequalled comfort. A ten-minute-drive takes you to the city center.

- A boutique hotel located close to downtown Yangon in a quiet residential area - an imposing teak wood house which has been restored to its former glory.
- 48 rooms (including 1 suite).
- All rooms are finished in teak wood and have en suite bathrooms, air conditioning, mini bar, safe, IDD telephone and satellite television.
- One restaurant with an international menu and French specialities. The hotel has a wonderful open-air covered terrace upstairs, and attractive gardens.
- Also two bars and a swimming pool.

The Strand Hotel, Yangon



Absolutely the best choice for travelers requesting deluxe accommodation.

- An old colonial style hotel built in 1901, located downtown close to the Yangon River, and renovated to a very high standard. The Strand is an all suite hotel.
- 32 suites.
- All suites have open plan bedroom and sitting area with high ceilings, spacious en suite bathrooms with separate showers, air conditioning, mini bar, ceiling fans, safe, IDD telephone, 24 hour butler service and satellite television.
- Two restaurants - the Strand Café with an international menu and the Strand Grill (evenings only) for fine dining in ultimate colonial-style luxury.
- A bar and a colonial-style ballroom.

Thiripyitsaya Sakura Hotel, Bagan



Set amidst 24-acres of lush gardens and seasonal flowers, this international-standard hotel sits on the bank of the Ayeyarwaddy River. An ideal place to relax after visiting the archaeological temple site of Bagan, a historical wonder of the world. The hotel consists of 17 single-storey cottages (deluxe and superior rooms) plus the newly-built exclusive 2 storey-villas (river suites).

- Located on the banks of the Ayeyarwady River in the centre of the historical site of Bagan.
- 68 rooms and 8 suites housed in bungalows, surrounded by attractive gardens.
- All rooms have en-suite shower rooms (16 rooms with bathtubs), air conditioning, mini bar, IDD Telephone and satellite television.
- One restaurant (A/C and outdoors), an outdoor terrace and a pagoda garden suited to dinners for small groups.
- Swimming pool with spa

Inle Princess Resort Hotel, Inle Lake



A restful retreat to nature on the eastern shore of the Inle Lake with Shan mountain range as backdrop. A 30-minute boat ride from Nyaung Shwe. Charming chalets bordering the lake.

- Located on the edge of the lake, at the foot of hills on the Taunggyi side. Transfers to the hotel are always by boat and it takes about 15 minutes from Nyaungshwe (vehicle access is limited to an extremely bumpy road). The hotel is built of wood and bamboo to blend with the beauty of its surroundings.
- 14 superior rooms and 28 chalets.
Starting July 2004 the hotel will have 25 lake view chalets and 17 garden view chalets. There will be no more superior rooms)
- All rooms have en suite bathrooms. There is no air conditioning but it is nearly always cool on the lake (in fact it is cold at times and a warm sweater/jacket is needed). The hotel has its own generator in case the local electricity supply fails.
- One restaurant and open air terraces.